

### EUROPEAN CERTIFIED HAND THERAPIST

EUROPEAN FEDERATION OF SOCIETIES FOR HAND THERAPY

#### **EFSHT Cheat Card**

Interested in becoming an European Certified Hand Therapist?

www.eurohandtherapy.org echt@eurohandtherapy.org

#### **Ulnar nerve entrapments**

#### **Cubital tunnel syndrome**

Entrapment of the ulnar nerve in the cubital tunnel ( a tunnel of muscle, ligament and bone) on the inside of the elbow.

#### **Guyon canal syndrome**

Entrapment of the ulnar nerve in the fibroosseous tunnel extending from the transversal carpal ligament at the proximal aspect of the pisiform to the origin of the hypothenar muscles at the hook of hamate.

## Flexor retinaculum Hook of hamate Guyon's canal Ulnar nerve **Guyon canal syndrome**

# **Cubital tunnel syndrome**

