



# ECHT

EUROPEAN CERTIFIED  
HAND THERAPIST

EUROPEAN FEDERATION OF SOCIETIES FOR HAND THERAPY

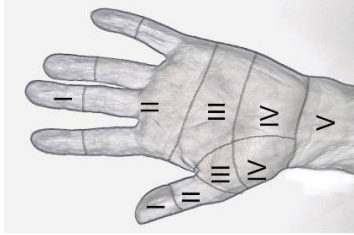
## **EFSHT Cheat Card**

Interested in becoming an European Certified Hand Therapist?

[www.eurohandtherapy.org](http://www.eurohandtherapy.org)

[echt@eurohandtherapy.org](mailto:echt@eurohandtherapy.org)

### **Flexor tendon zones**



## Extensortendon zones

